



LeadingAge[®]CA

iNSPIRE

Quality of Life Improvement Project

Welcome to the April 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **f**u**N**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

We Need Your Input!

Please take one minute to answer this new three-question survey about on-site visits. This anonymous survey will be used to better understand your current comfort level with an on-site iN2L systems and content training by your iNSPIRE Project support team.

Click [here](#) to start the survey!

LeadingAge California Connect Online Forum



Last month, you received an official welcome to LeadingAge California Connect and the iNSPIRE Project Forum. LeadingAge California launched this social media platform in hopes of giving iNSPIRE Project participants your very own spot on the web to interact, learn and connect with others.

Exciting features of LeadingAge California Connect include discussion forums, email notifications, ability to reply to posts via email, private messages, group resources, and the ability to change your privacy, email, and message settings.

If you're new to [LeadingAge California Connect](#), take a moment to explore by logging in with your easy-to-remember username and password. Your username and password also grants you access to the [LeadingAge California website](#) where you can learn about becoming a LeadingAge California member, register for events, and access a variety of resources.

Your username is your first initial followed by your last name and your password is your first initial followed by your last name and the number "1" (e.g. Bob Smith's username is bsmith and password is bsmith1).

If you need help with your username or password, please contact Lindsay Fowks by [email](#) or phone at (916) 469-3373.

A Letter from Vui



Hello,

My name is Vui. I am a resident here at Mission de la Casa Nursing & Rehabilitation Center.

I wanted to share my little story about the iN2L tablets. In the beginning, when the tablets were introduced to me, I was not really interested in them because I have my own iPad that I use to watch shows, listen to music, and watch the news. I want to thank the staff because they've shown me the many contents in the tablet that may interest me.

To make things short, I love the Games and Puzzles content that the tablet provides. I love to play all the games in there. It also makes me use my brain to think and focus better. Playing the games puts me in a good mood. Thank you to the iN2L tech program for giving us seniors the opportunity to learn something we never did before. We will still learn many things as the days go by.

THANK YOU!

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: Multidisciplinary Involvement

Wednesday, May 26

2:00 PM - 2:30 PM

Register [here!](#)

Rescheduled from March 31, Erin Rorar, grant program facilitator at Concordia at Sumner in Copley, Ohio, will share her experience working with and involving a multidisciplinary team in the community's grant-funded iN2L program.

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

Please note, there will be no Best Practices Meeting in April due to the new iN2L platform training scheduled for April 28.

New iN2L Platform Training Dates (23" Group Engagement System)

Wednesday, April 21

2:00 PM - 3:00 PM

Wednesday, April 28

2:00 PM - 3:00 PM

Wednesday, May 5

2:00 PM - 3:00 PM

If you have not already, please contact Carmeli Hocson by [email](#) or phone at (303) 806-0797 ext. 180 to register for the training date that you and your team are able to attend.

**2021 - 2022 Quarterly Reporting Due Dates:
CASPER Report and Quality of Life (QOL) Surveys**

June 18, 2021

September 17, 2021

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or tack it up on an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report and QOL surveys are important evaluation tools and your timely submission of both are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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